

■ start something big

I verify that:

\_\_\_\_\_ camp participant

has medical insurance with:

\_\_\_\_\_ medical insurance company

\_\_\_\_\_ policy number

has dental insurance with:

\_\_\_\_\_ dental insurance company

\_\_\_\_\_ policy number

which effectively covers medical and dental cost incurred as a result of participation in the Eastern Washington Soccer Goalkeeping Camp. Futher, I authorize the medical training staff at Eastern Washington Soccer Goalkeeping Camp to seek any necessary emergency medical/dental treatment my child may need during the course of the camp and hereby release the camp and its staff from any and all liability for any injuries incurred while at the camp.

\_\_\_\_\_ parent/guardian signature

\_\_\_\_\_ date

acknowledgment of risk



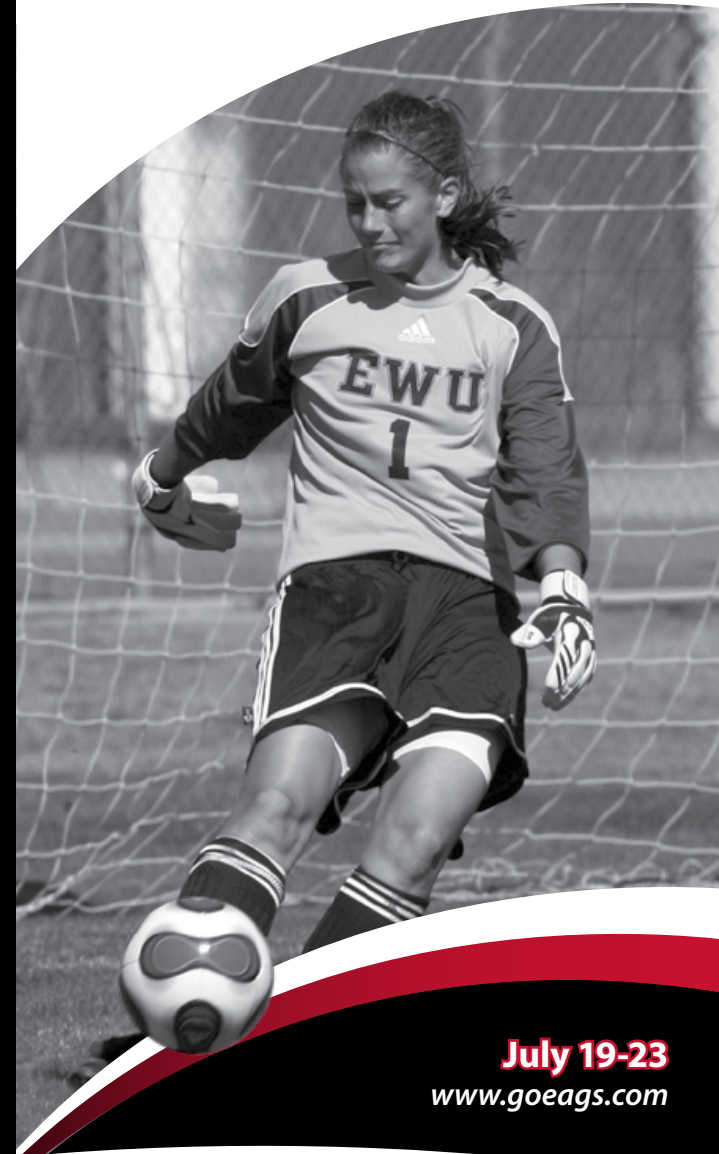
Tamara B. Hageage is entering her 11th season as the goalkeeper coach and assistant coach at Eastern Washington University. She has her goalkeeping diploma from the NSCAA and her advanced national coaching license. Since 2002, she has published two books and two videos. Hageage has more than 20 years coaching experience at all levels and had an extensive playing career spanning 21 years. After playing her college ball at the University of Washington, she went on to play professionally in Denmark, Canada and Russia and semi-pro in the U.S. While in Denmark she won 1998 player of the year award.



Lisa Dimak joined the Eagle Soccer team in the winter of 2009. In her first season she not only earned the starting goalkeeping position but she also earned Big Sky Conference Defensive Player of the week twice and received All Conference Honorable Mention. In addition, she was honored with the teams most improved player award. While attending Shorecrest High School she earned first team All-WesCo South honors. Dimak also earned honorable mention All-State accolades at the 3A level following her senior campaign. She also played for the Emerald City Football Club (ECFC) for three years and helped the U-17 team reach the state quarterfinals. Lisa will be a senior next year for the Eagles and she is majoring in exercise science.

**Eagle Soccer**

Coach Tamara B. Hageage  
207 Physical Education Building  
Eastern Washington University  
Cheney, WA 99004  
509.359.6045



**July 19-23**

[www.goeags.com](http://www.goeags.com)



**EASTERN**  
WASHINGTON UNIVERSITY

start something big

# Eagle Soccer Goalkeeping Camp

**EASTERN WASHINGTON UNIVERSITY**

**JULY 19-23, 2010**

**When?** July 19-23, 2010

**Youth Camp:** 9 a.m. - noon  
**High School Camp:** 1 - 4 p.m.

**9 a.m.** Warm-up with Footwork and Speed Training

**9:30 a.m.** Goalkeeping Session

**11:15 a.m.** Strength and Fitness

**11:45 p.m.** Warm-down

**Noon** End of Training

## Where?

Varsity Soccer Field  
Eastern Washington University  
Cheney, WA 99004

## Cost?

\$90 if you register before June 1.  
\$100 if you register after June 1.

## Includes:

- practice sessions
- T-shirt



## Camp Highlights

*The Youth Camp* covers all of the essential skills of goalkeeping. For example, reaction saves, deflecting and boxing, dealing with crosses, 1 v. 1 situations, the diving save, penalty kicks, set plays, angle play, and much more!

*The High School Camp* will also cover all of the essential skills of goalkeeping. In addition, this camp is designed to prepare players for their upcoming high school or club season thus including daily fitness and strength sessions. Also, a college educational session will be given for players with college playing aspirations on the last day of the camp. Parents are welcome to attend.

## Registration Deadline

Entries are accepted immediately and space is limited, so please register early! Final Deadline: July 13, 2010.

## Registration & Refund Policy

Complete and return application and medical release form to:

**EWU Women's Soccer**  
Coach Tamara Hageage  
PEB 207  
Eastern Washington University  
Cheney, WA 99004

- Please make checks payable to:  
**EWU Women's Soccer**
- Upon receipt of your application, you will be mailed a confirmation letter and packet with specific camp information.

## Application

Youth Camp \$90 before 6/1, \$100 after

High School Camp \$90 before 6/1, \$100 after

total: \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

All campers must fill out the medical release form on the back of this form.

T-shirt size (please circle one)

S                  M                  L                  XL

## Team Contact Information

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_